# Student Success Map for the Kinesiology - Preparation for Teaching Major

<table>
<thead>
<tr>
<th>First Year</th>
<th>Second Year</th>
<th>Third Year</th>
<th>Fourth Year</th>
</tr>
</thead>
</table>
| **Take the right classes** *(Note – this is not an exhaustive list of all required courses)*<br>Obtain your degree [roadmap](#)<br>Take General Education courses and KIN 70 – Introduction to Kinesiology<br>Meet with your Kinesiology advisor for the first time.<br>Start taking Anatomy (BIOL 65) and Physiology (BIOL 66)<br>Take KIN 156 – Introduction to Adapted Physical Activity<br>Take or have completed:<br>• KIN 172 (Elementary School Programs – *Spring only*)<br>• KIN 173 (Introduction to Teaching PE – *Fall only*)<br>• KIN 174 (Assessment of Psychomotor Function)<br>• KIN 158 (Biomechanics)<br>Take a total of eight (8) activity courses, one from each activity area (adventure, dance, fitness, gymnastics, individual/dual, racket sport, self-defense, and team sport). Take one or two per semester! | **Third Year**<br>Meet with your Kinesiology advisor for the first time.<br>Take KIN 156 – Introduction to Adapted Physical Activity<br>Start taking Anatomy (BIOL 65) and Physiology (BIOL 66)<br>Take or have completed:<br>• KIN 172 (Elementary School Programs – *Spring only*)<br>• KIN 173 (Introduction to Teaching PE – *Fall only*)<br>• KIN 174 (Assessment of Psychomotor Function)<br>• KIN 158 (Biomechanics)<br>Take or have completed:<br>• KIN 159 (Sport and Adapted Activities)<br>• KIN 178 (Management Practices – *Fall only*)<br>• KIN 179 (Design and Assessment – *Spring only*)<br>Take or have completed:<br>• KIN 172 (Elementary School Programs – *Spring only*)<br>• KIN 173 (Introduction to Teaching PE – *Fall only*)<br>• KIN 174 (Assessment of Psychomotor Function)<br>• KIN 178 (Management Practices – *Fall only*)<br>• KIN 179 (Design and Assessment – *Spring only*)<br> | **Fourth Year**<br>Meet with your Kinesiology advisor for the first time.<br>Take KIN 156 – Introduction to Adapted Physical Activity<br>Start taking Anatomy (BIOL 65) and Physiology (BIOL 66)<br>Take or have completed:<br>• KIN 172 (Elementary School Programs – *Spring only*)<br>• KIN 173 (Introduction to Teaching PE – *Fall only*)<br>• KIN 174 (Assessment of Psychomotor Function)<br>• KIN 158 (Biomechanics)<br>Take or have completed:<br>• KIN 159 (Sport and Adapted Activities)<br>• KIN 178 (Management Practices – *Fall only*)<br>• KIN 179 (Design and Assessment – *Spring only*)<br>Take or have completed:<br>• KIN 172 (Elementary School Programs – *Spring only*)<br>• KIN 173 (Introduction to Teaching PE – *Fall only*)<br>• KIN 174 (Assessment of Psychomotor Function)<br>• KIN 178 (Management Practices – *Fall only*)<br>• KIN 179 (Design and Assessment – *Spring only*)<br> | **Fourth Year**<br>Meet with your Kinesiology advisor for the first time.<br>Take KIN 156 – Introduction to Adapted Physical Activity<br>Start taking Anatomy (BIOL 65) and Physiology (BIOL 66)<br>Take or have completed:<br>• KIN 172 (Elementary School Programs – *Spring only*)<br>• KIN 173 (Introduction to Teaching PE – *Fall only*)<br>• KIN 174 (Assessment of Psychomotor Function)<br>• KIN 158 (Biomechanics)<br>Take or have completed:<br>• KIN 159 (Sport and Adapted Activities)<br>• KIN 178 (Management Practices – *Fall only*)<br>• KIN 179 (Design and Assessment – *Spring only*)<br>Take or have completed:<br>• KIN 172 (Elementary School Programs – *Spring only*)<br>• KIN 173 (Introduction to Teaching PE – *Fall only*)<br>• KIN 174 (Assessment of Psychomotor Function)<br>• KIN 158 (Biomechanics)<br>Take or have completed:<br>• KIN 159 (Sport and Adapted Activities)<br>• KIN 178 (Management Practices – *Fall only*)<br>• KIN 179 (Design and Assessment – *Spring only*)<br>Take or have completed:<br>• KIN 172 (Elementary School Programs – *Spring only*)<br>• KIN 173 (Introduction to Teaching PE – *Fall only*)<br>• KIN 174 (Assessment of Psychomotor Function)<br>• KIN 158 (Biomechanics)<br>Take or have completed:<br>• KIN 159 (Sport and Adapted Activities)<br>• KIN 178 (Management Practices – *Fall only*)<br>• KIN 179 (Design and Assessment – *Spring only*)<br> |}

**Things to do**
- Get involved in clubs or create your own.<br>- Think about taking the [WST](#)<br>- Apply for graduation one year in advance of your expected graduation date.<br>- Apply to the [credential program](#).

**Prepare to be a professional**
- Look for jobs related to your major which may include afterschool/during school programs, summer camps, coaching, boys and girls club/YMCA, [Timpany Center](#), etc.<br>- Take the [CBEST](#)
- Look for internships if you want to have one during the credential program.

**Attend conferences such as** [CAHPERD](#) and/or [SHAPE](#)