Focus2 is an online, self-guided assessment and planning system designed to help you explore majors and careers. Assessments are short (10-15 minutes each) and offer immediate results.

**What is Focus2?**
- Focus2 saves your latest assessment results, which are always available to you and your advisor/career counselor to review.
- If your results don’t match your career interests or for additional help with creating a career plan, schedule an appointment with a Career Center counselor in SJSU Handshake (http://bit.ly/SJSUHandshake).

**Log in with your SJSU One ID**
- Currently registered students have access to Focus2.
- To log in, go to sjsu.edu/careercenter, click on Explore Majors & Careers, and click on Focus 2, or at one.sjsu.edu.

**Complete the Self Assessments**

- **My Career Planning Involvement**
  Measures your current strengths and weaknesses in the career exploration process.

- **Am I Career Ready?**
  Measures skills that employers seek in new college graduates.

- **Work Interest Assessment**
  Measures your interests related to occupational themes (Holland codes) and match them directly to SJSU majors and career pathways.

- **Personality Assessment**
  Measures how you like to approach work and life based on your personal preferences. Occupations and majors that most closely match your preferences are listed in your results.

**Explore the Possibilities**

If you already have a major or career of interest, use this section to find more information about requirements.

- **What can I do with a major in ... Offered at San Jose State University?**
- **Explore any Occupation**
- **Compare 2 Occupations Side by Side**

**Take Action**

- ✓ Review your Saved Occupations and Saved Majors.
- ✓ Build Your Portfolio by combining your assessment results and action plans into one report.
- ✓ Share with advisors, career counselors, and campus mentors for additional support.

**Keep in mind...**
- Focus2 saves your latest assessment results, which are always available to you and your advisor/career counselor to review.
- If your results don’t match your career interests or for additional help with creating a career plan, schedule an appointment with a Career Center counselor in SJSU Handshake (http://bit.ly/SJSUHandshake).

**Tip:** Save majors and occupations to review them later.